



# Mt. Laurel Skiers Newsletter May 2011



## News from the Prez....

April showers bring May flowers, the grass is turning green and the daffodils are in bloom. It was a VERY long winter and I know skiing was fantastic this past winter. I want to thank everyone that participated in events or ran events at the lodge this winter. I know I had a fantastic time at the events I attended and heard great things about the others. The list is too long to list here but you all know who you are and know that your

efforts and organization is much appreciated.

Our annual elections were held on Apr 27<sup>th</sup>. Congratulations to our new officers & 2 new board of director's members. Betsy Chase, VP, Rhonda Idleman Secretary, Kathy Amenta Asst/Sec. Treasurer, Bob Sjostedt & Anne Alden as board members. Rick Sullivan is returning as Treasurer & myself as President. I look forward to working with this new Board in the coming year. I want to thank those Board members that have served us this past year, Mandy Weber, Chuck Hannah, Irene Murray, Scott Farrar & Pat Revoir. (Rich Clairwood and Wayne Cormier also served and will complete their terms in the coming year)

The final weekend at the lodge was another great event, the Annual Dan Giordano Memorial Pig Roast. Jack Urynowski and cooking crew did a great job again. We had 50+ members for dinner and party. Special thanks goes to those members who stayed around to clean up the lodge, Pat Revoir, Ellen Gilbert, Penny Trick, George Swepson & Cathy Sklat, if I missed someone I apologize, great job to all!!

As we move into spring & summer we have our usual busy schedule coming up. Monday night biking begins on May 2<sup>nd</sup>, spring hikes commence (see calendar for details) and we have our annual banquet on Sat May 14<sup>th</sup>. Kayaking will begin shortly and many other events during the summer. We will begin our summer schedule of meetings soon, so watch the web site & Sunday Squalls for details.

I want to thank all of our members for their continued support of me as your president, our officers & our board of directors. This has been a very good year for our club. We are always looking for new ideas for events & participation from our members for those events. We are facing the same challenges that all clubs in the CSC are facing which is, an aging membership. One focus for the coming year will be to make a plan to increase our membership and find ways to get those younger people to see the advantages of club membership. Thank you all and I am looking forward to another year as your president.

Kay

## MTL ANNUAL BANQUET May 14

The Annual Banquet is set for Saturday, May 14<sup>th</sup> at Tower Ridge Country Club in Simsbury.

There are a variety of delicious dinner choices and dancing will be provided by the band "Tirebiter" The festivities begin at 6:00 p.m.

with hors d'ouerves followed by dinner, awards and dancing. All prices are listed on the flyer included in this newsletter. Please note, to purchase tickets you must get them from Carol Rowan at a meeting or send

her a self-addressed stamped envelope with a check to cover the cost of the dinner and dancing. The deadline for ticket purchase is Friday May 6<sup>th</sup>, don't let it slip past you!

IF you have any raffle items or gift baskets to donate, let Bobbie Rategan know at 203-757-4072. Let's all party!!



**TEE TIME!** If anyone is interested in playing 9 holes of golf at Stanley Golf Club prior to the meetings, please contact me. Tee time will be 4:30 pm and the first golf day is scheduled for May 11<sup>th</sup>. Cost is \$19.25 and a cart is an additional \$9.25 pp. Contact

Roseann Jacques -

860-268-2896 or [rojac515@yahoo.com](mailto:rojac515@yahoo.com)

## CAMPING WEEKEND

Do you have a tent? Do you have a sleeping bag? Then you can join Mt Laurel for our camping weekend in Rhode Island! And if you don't have the gear, borrow it! Come bike along scenic Narragansett Bay, ride the carousel, kayak or just hang out. Get ready for another fun weekend communing with nature. We're going back to Melville Ponds Campground in beautiful Portsmouth RI for another great weekend of biking, kayaking and singing round the campfire **June 24-26. Sharpen your marshmallow sticks, cuz you know you'll want s'more! Taking reservations now. \$10.00 per person, per night includes s'mores and morning Joe (coffee, not me). Questions?**

Joe Mangione - 860-646-7505

**NEWSLETTER SUBMISSIONS:** Please email all submissions by the third Wed. of the month to [Irene\\_murray@sbcglobal.net](mailto:Irene_murray@sbcglobal.net).



## **Monday Night Biking.**

Spring is here come out and play every Monday night and ride  
All Rides begin at 6:00 arrive early to set up your bike and find people to ride with.

Helmets are mandatory as is the sign out/sign in policy with waiver.

Our friends from Newington ski club and other ski clubs will join us on many of the Rides. You are welcome to bring others to join the group. Ride lengths vary and There is always a ride for even novice Schedule subject to change-check website or calendar for updates. Coordinator Kathy Amenta 860-306-9902

5/2/11 Bristol , St. Gregory's Church, 235 Maltby St. , (for GPS)

Group ride with Newington Ski club. Hosts Andy & Charlotte Le Clair  
860-283-4889, 860-307-1682 Charlotte 's cell

Directions: Take I-84 West to Rte 72 West. Take Washington St. exit off 72. Turn right at end of exit. Travel approx. 3 miles to intersection for Rte 6. Turn left onto Rt.6 West. Turn right at light onto Stafford Ave. St. Gregory's is about ½ mile on the left. Pizza to follow.

5/9/11 New Hartford , Host John Eason 860 674-9348

Marandino Plaza 141 Main Street New Hartford Group ride with Newington club

Directions: From Hartford take Rte. 44 West to New Hartford. Ride starts at Marandino's grocery store parking lot, across the street from Satan's Kingdom State Park .

5/16/11 South Windsor , 673 Ellington Road .

Hosts Joe Mangione & Angie Testa 860 646-7505

Directions: Rte 91 north or South to exit 35A, Rte 291. Take to ext 4. At end of exit, go straight onto Rte 30/Ellington Rd. for 1.4 miles Turn right onto Pleasant Valley Rd , an immediate right onto Long Hill Rd. right into back lot of church Pizza to follow.

5/23/11 Meriden , Westfield Shopping Center , 470 Lewis Av. Host Bruce Laroche.

860-604-5882 Group ride with Newington club

Directions: Take 84 West to 691 East, exit 5, Take a left off exit ramp enter shopping center entrance across the street from Target. Ride starts at first lot on the left.

5/30/11 NO Rides Memorial Day

Check List to bring: Participants must have a bike in working order , Helmet, Water and Bike gloves are strongly recommended. Bike shoes

## **Rail Trail Bike Ride-Thursday, May 19 on the Airline Trail**

Meet at the commuter parking lot at exit 16 (Colchester) on Route 2 at 5:45. The ride will start at 6:00. The Airline trail is flat, but it is unpaved. Because the trail surface is crushed stone and stone dust, mountain bike or hybrid tires are recommended. We will ride about 12 miles at a moderate pace. Last year we rode the West section of the trail. This year we will ride the East section of the trail. Pizza to follow at the Plum Tomato in Colchester. Contact: Rich Clairwood 860-908-2157cell.



## CT Breast Health Initiative, Walk in the Park

Join team Mt. Laurel Skiers on **Saturday, May 7** to support Breast Cancer research. Log into [www.ctraceinthepark.org](http://www.ctraceinthepark.org) and then go to our team site 'Mt. Laurel Skiers' to register. Cost is \$26 for adults but pledges from yourself, family and friends can also be added. There is a 1 Mile Walk and 4K walk starting at 10:15. There are also options for 5 K runs for men or women which start at different times. [Cindy Kelly and Rick Sullivan](#)



### WESTERN FLY TRIP-UTAH

Currently the thrust is towards Utah. We have 2 different trains of thought on this. 1. Stay in Salt Lake and be within 30 Minutes by public transport of Snowbird, Alta, Sundance and Brighton. 2. is stay in Park City or at Canyons and have Park City, Deer Valley and Canyons within 5-10 minutes by bus. Salt Lake is more touristy, while Park City is more a ski town. Salt Lake option would be a little cheaper. I would like to hear everyone's opinions who's interested in going. Please email me [eric@astravelcenter.com](mailto:eric@astravelcenter.com) or call me at 203-265-9293. Decision will be made at May Board meeting!!

### KAYAK PLANS FOR SUMMER 2011

Kayak trips will be offered this summer by various members ; the schedule will be maintained and published by the Kayak Coordinators. Send any of them an email when you have a kayak trip that you want to lead. The descriptions of types of trips, level of difficulty etc can be found on the website under the tab 'kayak'. Send in those kayak trip ideas now! Send your idea and date you would like to lead a trip to any of the Coordinators: Joe Mangione; [joemangi@comcast.net](mailto:joemangi@comcast.net), Angie Testa at [angitest@comcast.net](mailto:angitest@comcast.net), Irene Murray at [Irene\\_murray@sbcglobal.net](mailto:Irene_murray@sbcglobal.net), or Fred Murray at [Fred\\_g\\_murray@sbcglobal.net](mailto:Fred_g_murray@sbcglobal.net). We are looking forward to paddling in new as well as old familiar places this year!



### MTL Activities & Events

Anne Alden is putting together a checklist for all of our activities & events that are held during the year. The activities & events happen here in CT or at the Vermont House. The information gathered, no matter how small, will assist in helping complete this endeavor. The goal is to have a checklist that will provide information for individuals that want to "step up to the plate" and run an event without feeling overwhelmed. Thank you in advance for your help.

Anne: [aalden30@netzero.net](mailto:aalden30@netzero.net)



### Excerpt from The Mountain Times, April 14-20, 2011 Okemo Athletes Medal at NASTAR Nationals

Two MTL members represented Okemo Mountain Resort at this year's NASTAR National Championship in March. The event took place at Winter Park. **Bob Zawacki, of Farmington, CT, placed fifth in the Male, 70 -74 Gold. Patrick Moore, of Newington, CT, placed fifth in the Male 60-64, Platinum Division and first in the Male 60-64 Snowboarding (his sixth Age Group National Championship). He holds the title of 2004, 2005, 2008, 2009, 2010, 2011 Age Group National Snowboarding Champion and in 2008 became the first racer to concurrently become the National Age Group Champion in both skiing and snowboarding.**

**Lost Item:** A member has reported the loss of a pair of 'in boot' bootwarmers left at the Lodge at the end of March. If anyone picked up these bootwarmers by mistake, please let Irene Murray (Newsletter editor) know. [Irene\\_murray@sbcglobal.net](mailto:Irene_murray@sbcglobal.net)



## Cheer!

Many thanks for all the prayers that accompanied Annalee Hughes to the hospital and through her operation. The prayers were exceptionally powerful as she made a remarkable recovery and was back in school (part-time) within 3 weeks. She's sitting straight, tall, seeing the world from a new perspective and ready for next ski season. Thank you so much. Other members need our prayers as they heal. Angie Testa, after being taken out by a snowboarder earlier in the season and getting back on skis anyway, fell at Sunday River fractured her tibial plateau and has been on crutches since with 4 weeks still to go on the sticks. Rick Sullivan had an unexpected meeting with a tree at Killington and fractured his knee cap and Lana Park is resting at her home in Mt. Holly, VT after surgery. We wish them all a speedy and complete recovery. Keep the prayers and cards going out to them. If you have any news of members, please contact Milli Arnold at 860-871-0484 or [milliarnold57142@aol.com](mailto:milliarnold57142@aol.com)

## Spring Hiking 2011

Time to put away the skis & snowshoes and get out your hiking boots and hydro-packs! Experience spring's wonders with your Mt Laurel friends. Please note we have some open dates. Prospective members, leading a hike counts for one of your committee requirements and it's a great way to meet other members in a smaller, informal setting.

**May 1— BLACKLEDGE FALLS, Glastonbury MEET AT 1:00 PM NOTE CHANGE OF TIME**

**This is an easy, gentle hike to a pretty waterfall. Longer and shorter loops available.**

**Route 2 East** to Exit 8 Hebron Avenue. Take a left an end of exit onto Hebron Avenue and go about 10 miles. Blackledge Falls will be on your left (if you see the Hebron Town Line sign, you have gone too far).

**Route 2 West** to Exit 10. Take a right at end of exit ramp onto Manchester Road. Follow Manchester Road (about 3-4 miles) to the intersection with Hebron Avenue. Take a right at that stop light and go about 6 miles or so on Hebron Avenue. Black Ledge Falls will be on your left (if you see the Hebron Town Line sign, you have gone too far). Jeanne Delehanty 860-748-5858

**May 7(Saturday)—CT Breast Health Initiative's Race in the Park**, Walnut Hill Park, New Britain. Join the MT Laurel team at this charity event. **10 am.** Sign up deadline is Ap 18<sup>th</sup>. **Pick up your T-shirt and race bib Friday May 6 at 5pm at J. Timothy's in Plainville.** Otherwise see Cindy or Rick at the race.

Join team MTL Skiers on to support Breast Cancer research. Log into [www.ctraceinthepark.org](http://www.ctraceinthepark.org) and then go to our team site - MTL Skiers to register. Cost is \$26 for adults but pledges from yourself, family and friends can also be added. It appears that the walk is shorter this year, only 2 miles, so we hope more can join our team this year. There are also options for 5 K runs for men and women which start at different times. Cindy Kelly 860-805-1612, and Rick Sullivan 860-324-4952.

**May 15- Open---**suggestions welcome. Banquet is May 14.

**May 22-Peak Mountain-E. Granby.** Michael Korby 860-214-7531. Meet at the trailhead at 12:30 pm. From I-91 take airport exit. Continue on airport access highway to exit for route 20 west and continue to the intersection of route 20 and 187. Go straight on route 20 for another .6 or .7 mi to Newgate Rd on right. Park on the right side of Newgate Rd. Hike is rated moderate...it begins with a steep section then becomes easy as the trail stays on top of the ridge the rest of the way. The views to the west are spectacular. After the hike there will be a cookout at Mike's home, 947 Newgate Rd., West Suffield. He's providing the hot dogs & hamburgers...BYOB, chairs and a side or dessert to share.

**May 29—No Hike Scheduled.** Memorial Weekend.

**June 5—open—**suggestions welcome!!

**June 12-- Mt Higby- Middletown -** cookout afterwards. see details on website or in June newsletter.

**June 19—Mt Monadnock- Jaffrey, NH.** See details on website or in June Newsletter.

# MAY 2011

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
1 Hike Glas- tonbury	2 Bike Bristol	3	4 Brd & Reg. Mtg	5	6	7 Walk in the Park
8	9 Bike New Hartford	10	11 Reg. Mtg	12	13	14 ANNUAL BANQUET
15	16 Bike Manches- ter	17	18 Reg. Mtg	19 Trail Bike Ride	20	21
22 Hike E. Granby	23 Bike Meriden	24	25 Reg. Mtg	26	27	28
29	30 No Bik- ing	31				

Meetings at Whinstone  
Tavern

Board Mtg. 6:00 p.m.

Reg. Mtg. 7:30 p.m.

See Calendar for this month's events and  
articles in the  
Newsletter for detail

## SAVE THESE DATES

5/2 Mon. Night Biking  
5/4 Bd. & Reg. Mtg/Bike Adven-  
tures  
5/7 Annual Walk in the Park  
5/11 Reg. Mtg  
5/14 Annual Banquet  
5/18 Reg. Mtg  
5/25 Reg. Mtg.

6/1 Bd. & Reg. Mtg  
6/24-26 Camping Wknd

### Websites:

[www.mtlski.com](http://www.mtlski.com);

[www.skiclub.com](http://www.skiclub.com)

Mt. Laurel Ski Club  
P O Box 4  
Farmington, CT 06034

### 2009-2010 Officers

- ◆ Kay Leatherman president@mtlski.com
- ◆ Chuck Hannah vicepresident@mtlski.com
- ◆ Mandy Weber secretary@mtlski.com
- ◆ Rick Sullivan treasurer@mtlski.com
- ◆ Betsy Chase Asst Sec/Treasurer
- ◆ Jonathan Houck Past President
  
- ◆ Harry Fisher CSC Ambassador

### Board Members

- \* Anne Alden
- \* Kathy Amenta
- \* Pat Revoir
- \* Rich Clairwood
- \* Wayne Cormier
- \* Scott Farrar
- \* Irene Murray

# MTL SKIERS

## ANNUAL AWARDS AND OFFICERS BANQUET SATURDAY MAY 14, 2011 TOWER RIDGE COUNTRY CLUB

140 Nod Road  
Simsbury, CT 06070

6:00 COCKTAILS AND HOR D'OEUVRE

6:45 DINNER & AWARDS

8:30 DANCING with TIREBITTERS

### DINNER

	Members	Guests
PRIME RIB OF BEEF -	\$35.00	\$40.00
STUFFED SOLE -	\$35.00	\$40.00
CHICKEN BREAST -	\$30.00	\$35.00
DANCE ONLY -	\$15.00	\$20.00

includes

salad, vegetable, potato, dessert,  
coffee & tea

Vegetarian & Gluten Free meals are available  
purchase tickets at club meeting or send check and  
self addressed and stamped envelope to:

Carol Rowan 218 Brian Lane Windsor, Ct. 06095

make checks payable to MTL skiers

for questions call Carol 860-688-7231

**DEADLINE FOR PURCHASE OF TICKETS - FRIDAY MAY 6th**

CUT-----

NAME

MEAL SELECTION

PRICE

NEED: Gluten Free or Vegetarian Dinner (circle one)

\_\_\_\_\_ total